



# **6<sup>th</sup> European Transplant & Dialysis Games Dublin, Ireland. August 8<sup>th</sup>-15<sup>th</sup> 2010**

## **1. Condition of Entry**

Entry is open to all recipients of life supporting allografts and/or bone marrow transplants from other individuals or species and to dialysis patients. Competitors must have been transplanted for at least 1 year or be in dialysis treatment for at least six months, be medically fit and have trained at the events in which they have entered.

Ideally, each nation will have selected its best competitors and ensure that they are medically fit, without significant complications of chronic organ failure or immunosuppressive therapy (transplant recipients) or of dialysis therapy (dialysis patients).

Before competing, each competitor must send back a “waiver” form with his sport registration, which states that he has knowledge of the rules of the events entered and of the difficulties of the event entered.

In addition, an ETDSF medical certificate for each competitor must be submitted to the Local Organising Committee (LOC) at least 1 month before the start of the Games. The medical certificate must be fully filled out and signed by a senior transplant doctor (transplantees) or a senior dialysis doctor (dialysis patients). The medical certificates will be reviewed by representatives both of the ETDSF and of the LOC and, if deemed unsatisfactory, that competitor may be barred from competition.

All participants must register via their national organisation which is member of ETDSF. All registration materials must be reviewed by the team manager prior to submission.

Entry forms must include a signed declaration from each competitor that he/she is fit and has trained for the events entered.

## **2. Age category**

All competitors must compete in their age category. No change to another age category is allowed. If there are less than 3 entrants in one event category, they will compete in the age group below (eg.: in case of 30-39 years entry, they compete in the 18-29 years category). The competitor of a lower age group cannot compete in a higher category, except 18-29 years competitors. If there are less than three 18-29 years competitors they can compete together with the 30-39 years age category.



Athletes will compete by gender in the following age groups (age on the day of the opening ceremony of the games will apply):

- 18-29 years
- 30-39 years
- 40-49 years
- 50-59 years
- 60-69 years
- 70+ years

Team events, relay events and mixed doubles events will be one open age category.

It depends on the number of competitors whether the doubles events can be done by age category.

Race bibs of each age group should be identified by a distinct colour so that competitors will be able to easily determine each other's age group during competition.

### **3. Entrants**

The transplant and the dialyzed competitors compete in separated events. If there is a shortage of time or if too few dialyzed or transplanted competitors have entered one age category in an event, a combined event in this age categories held. The results are counted separately.

Each dialysed competitor must have a rest of at minimum eight hours after a dialysis treatment before he is allowed to enter an event.

All sports are run in accordance with the international regulations except where modified in these ETDSF Sports Rules. Contravening these regulations will result in disqualification.

If in an event – considering all age categories – there are less than 3 competitors than that event has to be cancelled. In this case possibility has to be provided for these competitors for the participation in another event. Information about it has to be given for them before the starting up of the Games. If a dialyzed athlete agrees he/she can compete together with the transplant.

There will be a separate heat or bracket for each age group if eight or more individuals compete. If there are fewer than eight individuals or in other cases, age groups may be combined in the interests of competition and meet management.

Athletes will be allowed to enter a total of five events, in addition to the swimming and track relay events. Athletes may not enter events that take place at the same time. Failure of an athlete to appear at any event when called may result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear.



For events with more than one competitor, e.g. doubles and relays, each team must consist of members from one nation only. Mixed national teams are not permitted. It is not permitted to change doubles partners after the entry deadline, except for medical necessity. In that case, the new partner must be from the same country and must not compete in more than five events as stated above.

## 4. Seeding

Seeding should be used in all events to ensure the fairest competition possible. In all events, to insure the fairest competition possible, the entries should be formatted using standard procedures. The following factors should be considered (in this order):

- medallists from the previous European Games;
- performances from the previous national games (in evaluating national games, the strength of the competition - quality and size - should be considered);
- other pertinent information.

## 5. Medals

Gold, silver and bronze medals are awarded in all age categories. In the racquet events both losing semi-finals will be awarded a bronze medal.

## 6. Judiciary Committee

The ETDSF will appoint a Judiciary Committee of at least three persons to resolve any dispute arising in conjunction with the referee of each sport. The Judiciary Committee must meet with the Organising Committee and sports organisers at least one day before the Games and as required during the Games.

The Judiciary Committee will liaise with the LOC Sports' Chairman and clarify the rules of competition. The members of the Judiciary Committee must be issued with mobile phones from the date of their arrival and for the duration of the Games.

The Local Sports Organisers and ETDSF representatives will each be present at all events and be introduced to the referees and officials so that their identity is clearly established. On his/her arrival at a venue, the member of the Judiciary Committee should make him/her self known to the officials at the venue.

In the event of a serious breach of discipline, the Judiciary Committee has executive powers to suspend an athlete immediately and refer the matter to the next Council Meeting or to an Extraordinary Council Meeting. The Council has the power to suspend the athlete for the rest of the Games.



## **7. Protests**

Protests will be made to the referee for each sport with payment of €50 within 30 minutes of declaration of the event result. Protests will be passed to the Judiciary Committee with the head sporting official advising. A decision will be made by the ETDSF Judiciary Committee as soon as possible. The €50 fee will be returned if the protest is upheld. If a member of the Judiciary Committee is from a country involved in the protest, that member must excuse himself from the discussion and resolution of the protest.

## **8. Results**

The day's results should be given to all Team Managers each evening, latest in the morning of the next day. Final results and medal table should be published at the end of the Games. The full set of results should be given to each Team Manager and also to each Team Manager by e-mail or mail latest one day after the end of the Games. The medals, won by children, are not counted into the medal table.

## **9. Training**

At least 1 training possibility has to be provided for the competitors before the starting of the Games.

## **10. Games Records**

Games records should be announced at the medal presentation and marked in the result lists.

## **11. General rules**

The full event schedule must be given to each Team Manager latest one day before the Games begin. No change of the event schedule is allowed, unless a majority of the Team Managers agree at a Team Manager meeting. Fun events such as competition of Team Managers and Doctors can be organized during the Games.

## **12. Sports events**

For both transplant recipients and dialysis patients the same competitions are offered.

In doubles events, if the members of a team are in different age groups, the team will be classified in the younger age group.

Dialysis and transplanted athletes can play together in doubles teams but will compete in the transplant section.



### 12.1 Track and Field

Track:

- 100m
- 200m
- 400m
- 800m
- 1500m
- 4 x 100m Relay (Open age category)

Field:

- Long Jump
- High Jump
- Shot Putt
- Cricket Ball Throw

Facilities:

- 8 lanes, 400m running track
- Starters
- Timekeeper for each track (or electronic time measuring)
- Field Judges
- \*) Weights of the shots:

	men	women
18-29 years	7.26 kg	4 kg
30-39 years	7.26 kg	4 kg
40-49 years	5 kg	4 kg
50-59 years	5 kg	3 kg
60-69 years	3 kg	3kg
70+ years	3 kg	3kg

- Tournament will be governed by [International Amateur Athletics Federation rules](#), except as modified herein.

### 12.2 Swimming

Freestyle: 50m, 100m, 400m

Breast Stroke: 50m, 100m

Back Stroke: 50m, 100m

Butterfly: 50m, 100m

Individual Medley: 200m (50m Butterfly, 50m Back Stroke, 50m Breast Stroke, 50m Freestyle)

Medley Relay: 4 x 50m (50m Back Stroke, 50m Breast Stroke, 50m Butterfly, 50m Freestyle)

Freestyle Relay: 4 x 50m

- 25 or 50m pool
- preferably with 8 lanes
- Starter
- Timekeeper and judges for each lane (or electronic time measuring) measuring
- eight fastest times to final



- The event will be governed by [Federation Internationale de Natation \(FINA\) rules](#), except as modified herein.

### 12.3 Tennis

- Singles: Men & Women
- Doubles: Men & Women
- Mixed Doubles: Open Age Category
  
- 8 games matches to semi-finals
- Tie break (12 points) at 7 games all
- Best of 3 sets for semi-finals and finals
- Equipment: Players provide own rackets. Balls will be provided.
- Tournament will be governed by [International Tennis Federation rules](#), except as modified herein.

### 12.4 Table tennis

- Singles: Men & Women
- Doubles: Men & Women
- Mixed Doubles: Open Age Category
  
- Best of 5 games to 11
- Round robin in the elimination.
- At least 10 tables
- One referee per table
- Competitors must provide own paddles. Competitors must wear court shoes and dark shirts. Balls will be provided.
- Tournament will be governed by [International Table Tennis Federation rules](#), except as modified herein.

### 12.5 Badminton

- Singles: Men & Women
- Doubles: Men & Women
- Mixed Doubles: Open Age Category
  
- Best of 3 games to 15. Round robin in the elimination
- At least 6 courts
- Referee for each courts
- Shuttlecocks will be provided. Racquets will not be provided; every competitor must bring his own.
- Tournament will be governed by [International Badminton Federation rules](#), except as modified herein.

### 12.6 Bowling

- Singles: Men, Women
- Doubles: Men, Women
- Mixed Doubles: Open Age Category
  
- 3 game competition
- At least 8 lines



- Tournament will be governed by [World Tenpin Bowling Association rules](#), except as modified herein.
- There will be a three games series in the singles competition and a three games series in the doubles competition. The highest combined score in each competition is the winner.

### 12.7 Volleyball

- One team per county where transplant and dialyzed play together.
- If there are not enough players to form a national team, team managers collect names of people interested from their country and submit them to the LOC before the games begin. There should be provision for at least one multi-national team to form and to participate. ♣ Participation in the volleyball competition counts as one of the maximum five events.
- The first round will be played as a "round-robin" where each team in a group plays against each other team in the group. The top team(s) in each group will then progress to the knock-out stages, which will use standard seeding procedures. The first round will be games of two sets to 25; rally scoring, win by 2 or first team to 27. Ties between teams are broken by considering the scores of the sets. The team with the best ratio of points scored divided by points lost is the winner. The bracketed playoff round will be the best two of three games, games to 25 points, rally scoring, win by 2 or first team to 27. Third games, if needed, to 15 points.
- Tournament will be governed by [Federation International de Volleyball rules](#), except as modified herein.

### 12.8 CYCLING

- 5 kilometre (circa) closed course time trial: The winner in each age group will be the individual with the lowest elapsed time.
- 20 kilometre (circa) road race: Some age group races will be combined in the interest of competition, but it is recommended that no race contain more than 25 athletes.
- Bicycles will not be available for rent; you must bring your own. Helmets must be worn. Bicycles must be in a safe and rideable condition. There will be a mandatory safety inspection for all competitors. Aerobars are not permitted.
- The event will be governed by [International Cycling Union rules](#), except as modified herein.

### 12.9 Golf

- Golfers will compete in an 18-hole stroke-play individual tournament.
- Medals will be awarded in both low gross and low net divisions. Ties will be resolved by ranking the holes by difficulty and then comparing the scores one at a time until the tie is broken.
- To compete in the net division, acceptable proof of handicap must be submitted— there will be no exceptions. To be acceptable, the certification must be during the previous three months and must be from a recognized authority. A handicap of up to 25 for both men and women will be allowed.
- Players to provide own clubs.
- Further regulations are dependent on the local golf course.

### 12.10 Darts

- Both men's and women's singles and triple mix matches. In the single events opening score from 301. For team play the opening score is increased to 501.



- The first to reduce their score exactly to zero is the winner. If greater score is thrown then is required to reduce the remaining score exactly to zero, then none of the three darts count for that throw and the score remains as it was before that particular throw was taken.
- Competitors must provide the own darts and must wear sport court and shoes
- It is a single elimination tournament with matches being a best of three legs.
- Tournament will be governed by international [World Darts Federation rules](#), except the modifications herein.

#### 12.11 Mini Marathon

- The event will be staged over a road course or on footpaths wide enough to allow for a safe event. Every effort will be made to provide maximum security for the competitors.
- Water will be available as dictated by the course but ideally at approximately 2/3 of the course distance.
- Men will compete over 5 kilometres, women over 3 kilometres.
- Events are men's and women's individual (by age group) and men's and women's team (not by age group).
- Format: The individual medallists will be the first three finishers in each age group. The team medallists will be determined by adding the combined times for the first three individuals.

#### 12.12 Petanque